



Residence Oliva

## Residence Oliva – sales of apartment has commenced

Dear potential clients interested in living in the Brumlovka location, We would like to inform you that sale of apartments in an architecturally unique building with 72 apartments in Brumlovka Park has commenced.

You can choose from our offer of apartments with layouts from one to four bedrooms and an area from 32 m<sup>2</sup> to 119 m<sup>2</sup>. Each apartment includes a balcony or terrace, a parking place and spacious cellar.

You can find the specific apartment offer and more information about the project at [residenceoliva.cz](https://residenceoliva.cz)

You may just have found your new home.

Bethany Community Center

## Easter with Bethany

Easter is the most important Christian holy day in commemoration of the crucifixion and resurrection of Jesus Christ. On this occasion, the Bethany Community Center has prepared an on-line programme, which takes place during the week before Easter until Resurrection Sunday and contains interesting lectures and also joint bible text readings on the story of Easter. Spiritual care during this period is also supplemented by morning and evening prayer.

- **What you didn't know about Easter** - an interview with Mgr. Luděk Svrček, premiere on March 29 with the option of repeat viewing on the CASD – SC Bethany YouTube channel
- **How to experience Easter in your heart** - an interview with Stanislav Slamka BTh., premiere on March 31 with the option of repeat viewing on the CASD – SC Bethany YouTube channel
- **Prayer meeting** daily at 8 am and 8 pm on-line

You can find more information and links to the prayer meeting at [spolecenskecentrum.cz](http://spolecenskecentrum.cz).

 Bethany

27.3. – 4.4. 2021



# Velikonoce s Bethany online

**KÁZÁNÍ**  
10:00 hod.

(So) 27. 3.

### SETKÁNÍ SE VZKŘÍŠENÝM

1 Kor 15,1-16

Mgr. Luděk SVRČEK  
em. kazatel sboru Bethany

30'

(So) 3. 4.

### KDYŽ JEŠTĚ BYLA TMA

Jan 20,1-19

Mgr. Soňa SÍLOVÁ  
kazatelka sboru Bethany

**ROZHOVORY**  
18:30 hod.

(Po) 29. 3.

### CO NEVÍTE O VELIKONOCÍCH?

Mgr. Luděk SVRČEK  
em. reditel TS CASD

30'

(St) 31. 3.

### JAK PROŽÍT VELIKONOCE SRDCEM

Stanislav SLAMKA BTh.  
kaplan křesťanské školy Elijáš

**MODLITEBNÍ  
SETKÁNÍ**

(Ne) 4. 4.

### MODLITBY VDĚČNOSTI ZA VZKŘÍŠENÍ PÁNA

6:33 hod.

30'

(Po) 29. 3. – (Pá) 2. 4.

### KAŽDODENNÍ ZTIŠENÍ A MODLITBY

8:00 a 20:00 hod.

„*Nebojte se, řekl anděl ženám. Víím, že hledáte ukřižovaného Ježíše. Není tu, vstal, jak předpověděl.*“

Bible, Matouš 28,5-6



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ONLINE WEBCAST

# GET TO KNOW YOUR BRAIN



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English version of all BB Centrum activities are to be found also at

DEVELOPED BY  
**PASSERINVEST**  
GROUP

BB Centrum

## Online Webcast: Get to know your brain

**WHEN:** Wednesday, April 7, from 6:30 pm

**WHERE:** BB Centrum FB page

Is the male brain different to the female brain? Why do we forget? How to practice concentration? Can the power of thought be quantified? Mental fitness is as important as physical health. The brain is like a muscle. When we train it, it gains endurance and can also cope with difficult situations. Get to know your brain offers the most recent knowledge in the field of neuroscience presented simply and using examples. Get to know your brain, it will help you get to know yourselves better.

Brain trainer Eva Fruhwirthová, who founded the first and only Czech Braingame centre, will answer the most frequently asked brain-related questions.



BBCENTRUM

BB Centrum

# Check the Czech (language)

**WHEN:** Monday, April 12, from 6:00 pm

**WHERE:** BB Centrum FB page

There are employees of more than 70 different nationalities working at BB Centrum. Therefore, we have decided to prepare regular **Czech language lessons for foreigners that will be held every second Monday** online on BB Centrum FB Page. If you miss the first class on April 12, you can re-play the video anytime you want.

You can look forward to:

- introduction to the lesson's topic
- practicing vocabulary and useful phrases
- dialogue simulation

The lecturer, Lucie Jablonská, has been teaching foreigners since 2007. In an entertaining way, she prepares her students to use Czech language in common situations like shopping, office visit, during their work as well as doctor's appointment.



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# CHECK THE CZECH (LANGUAGE)



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# MOROCCO



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BB Centrum

## Online Webcast: Morocco

**WHEN:** Wednesday, April 14, from 5:30 pm

**WHERE:** BB Centrum FB page

Morocco is a remarkable country full of colours, fragrances and sounds, saturated with the ever-present traditional culture and customs, which have not yet surrendered to the changes of the modern world. This cannot be experienced fully through any media, you have to see and experience everything yourselves. Despite this we invite you to a talk about a unique expedition, during which we will execute a six-day crossing over part of the High Atlas Mountains and visit the historic cities of Marrakesh and Fez, view the world from the back of a camel in the sand dunes of Erg Ghebbi and walk through the unique cedar forests above Azra.

Speaker: David Hainall



BB CENTRUM

BB Centrum

# An online dance class at Brumlovka

**WHEN:** Wednesday, April 21, from 6:00 pm

**WHERE:** BB Centrum FB page

In April we will travel to sunny Cuba, which is the place of origin of the fourth dance we will dance together. The Mambo! We are sure you are familiar with the film Dirty Dancing, which features the Mambo. We hope we will enjoy our lesson together.

The online dance lessons are led by Lenka Nora Návorková, a multiple Czech Latin Dance champion and the StarDance television competition winner.



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## AN ONLINE DANCE CLASS AT BRUMLOVKA



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# ECO-LOGICAL CITY



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BB Centrum

## Online Webcast: Eco-logical city

**WHEN:** Thursday, April 22, from 7:30 pm

**WHERE:** BB Centrum FB page

Are you interested in the issue of development, the shortage of flats and the high price bubble? What should a city be like to balance the scales between the number of inhabitants and their needs? The "EcoLogical" City is a lecture about many, often small principles, which have a great impact on the city and its inhabitants. And we are sure you will find it interesting.

Eduard Forejt, an expert in real estate with over 20 years of experience, who was granted the title of CRE® (Counselor of Real Estate) by the prestigious American The Counselors of Real Estate® organisation, will guide us through his thoughts about the basic principles of Eco and Logical cities and their formation.



BB CENTRUM

BB Centrum

# Online Webcast: Brumlovka Talk

**WHEN:** Wednesday, April 28, from 6:00 pm

**WHERE:** BB Centrum FB page

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

**This month:** Václav Švub

Václav Švub is globally responsible for ABB digital solutions for the customer segment of suppliers to the automotive industry – Automotive Tier 1. In his position he focuses on digital strategy, flexible manufacturing concepts and use of digital services and solutions from the ABB range for customers. He is also in charge of collaboration with strategic digital partners and other institutions. Václav is also behind ABBcasts, which he moderates himself. Each episode is about a technical topic, from switches to artificial intelligence, which impacts our lives, even though we often don't realise it.

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ON (CH)AIR

HOVORY  
Z BRUMLOVKY

ONLINE WEBCAST

# BRUMLOVKA TALK



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DANIEL HLUBUČEK  
**HOME FITNESS**

**JÓGA**  
DANIELA BACÍKOVÁ



BB Centrum

## Online Exercise: Body and Mind lessons

**WHEN:** Tue. and Thu. from 6 pm, according to the schedule below

**WHERE:** BB Centrum FB page

The current situations still does not favour group classes, but we can take a class of Home Fitness with Balance Club Brumlovka instructor Daniel Hlubuček or a Yoga class with Daniela Bacíková in the comfort of our homes. The Home Fitness class focuses on physical fitness and figure forming, while Yoga focuses on stretching the whole body, alleviating back pain and calming your mind.

The lessons are suitable for both beginners and advanced practitioners of all ages.

- Tue., April 6, 13, 20 and 27 – Home Fitness with D. Hlubuček
- Thu., April 1, 8, 15, 22 and 29 – Yoga with D. Bacíková



BBCENTRUM

Brumlovka

## Purchasing real estate? It's worth not waiting as prices will rise

The interest rates of mortgages remained at a record low in January and February. But this will end now. Clients interested in new housing should count on interest rates rising gradually from April and mortgages will become more expensive. The reason for this is chiefly the increase in the interest rates of mortgage providers, whereas major players have followed minor players on the market in increasing rates. If you are among those considering purchasing a new house or flat this year, whether you plan on purchasing real estate, or building something yourself, you should not wait too long to make a decision. Take the opportunity afforded by the current situation when interest rates are still relatively low.

Experienced experts at OK POINT in the Brumlovka building are prepared to give you a helping hand with everything you need to purchase a flat or house. You can call 242 486 328 to arrange a meeting with them on-line or in person, while observing to all hygienic principles.

- Monday: 8:30 am – 6 pm
- Tuesday, Thursday: 9 am – 5 pm
- Friday: 9 am – 3 pm.

**ok** POINT  
Powered by Broker Consulting

**mBank**





Brumlovka

# Treat yourself with Bomton Beauty

Did you know that Bomton studios have their own e-shop? It used to be called Rozmazlujse, but you can now find it under the name of Bomton Beauty.

Bomton studios are luxury hairdressers, where you can also find cosmetic and massage services, a Bomton Power concept fitness centre, a Bomton Clinic providing aesthetic treatment services and the Bomton Academy hairdressing academy.

Bomton offers above-standard care, which is why you can purchase famous and less well-known brands at the Bomton Beauty e-shop, which have been tested by employees of Bomton studios – experts in hair, skin and body care. You can find brands such as Sachajuan, Rodin, Oribe or Institut Esthederm in the Bomton Beauty e-shop portfolio.

Bomton will continue to meet e-shop standards and will continue to provide you with the best possible care.



**BOMTON.**

Brumlovka

# arena: When you can't swim, you can run

Be prepared for when the swimming pools open again. Run training, focusing specially on swimmers, should help you in this.

Swimming specialists from arena asked fitness trainers Jan Micka and Marcel Roztočil to create run training, which is suited for training for swimmers.

You can find several training tips here: [When you can't swim](#)

You can find more advice and tips for swimmers on the website [arenashop.cz](#)





Building B

## bikero is a little closer now

bikero, leader on the Czech cycling and sports equipment market, has opened its new branch in Building B, opposite to the Brumlovka Square. The shop, with an entrance from Vyskočilova Street, now operates as an e-shop pick-up site.

You can find new bicycle models from brands such as BMC, Focus, Mondraker, CTM, Autor and many others, cycle equipment, clothing and accessories, on the e-shop offer.

If you want to avoid travelling to Brumlovka, you can use the services of the bikero courier, who will bring you your bike to the destination you request – all set up, clean and ready to go. The courier will personally explain the controls, the seat adjustment mechanism, suspension and anything else you are interested in on site. All you then need to do is get on the bike and go!



**bikero**<sup>®</sup>

Beta

## Vietnamese gastronomic experience within reach

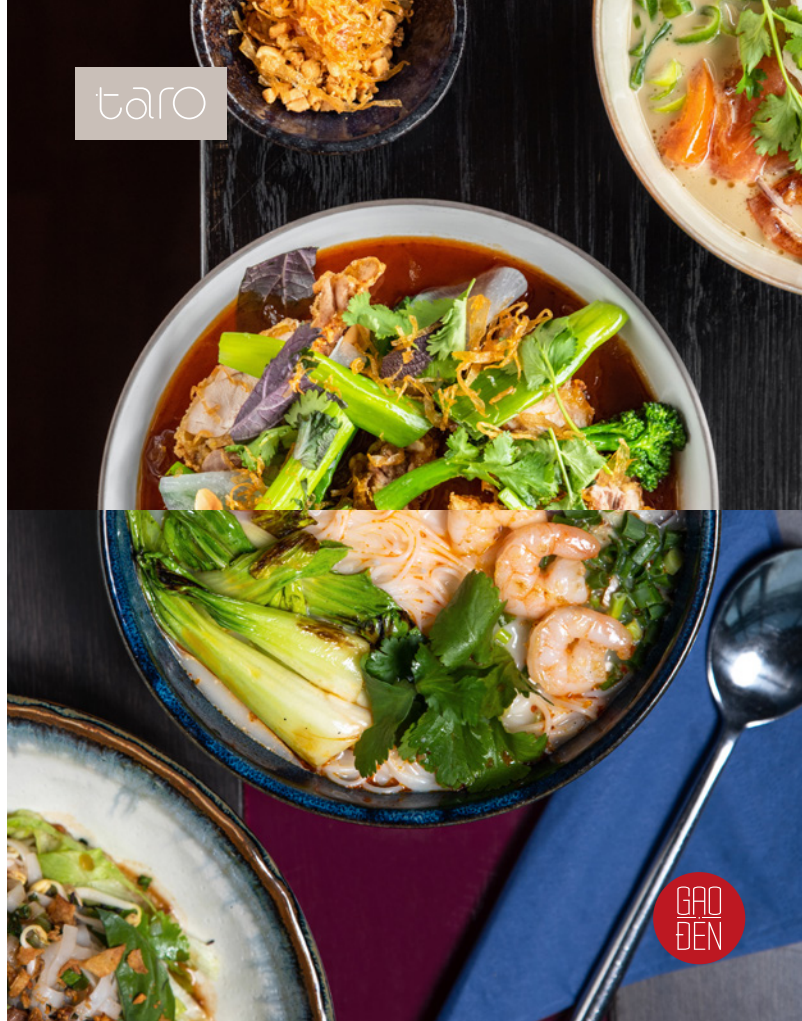
The modern Vietnamese restaurant is still patiently waiting for its opening celebration in the Beta building. Full of expectations, we presented the restaurant with a brief description in the **last edition of City magazine**. However, its owners, brothers Khahn and Gian Ta, also successfully operate two other restaurants, Gao Den and Taro, thanks to which you can enjoy modern Asian flavours and gain an idea of the gastronomic experience that awaits you when this restaurant opens.

The menu concept of both restaurants is similar. Gao Den offers Vietnamese classics such as Pho and Bun Bo Nam Bo, supplemented by regularly alternating specialities. The Taro restaurant uses seasonal ingredients and meat from farmers and artfully combines them with Asian recipes.

You can either collect the ordered food personally or order it from your home, with delivery assured by restaurant employees to a radius of approximately 10 km from the restaurant.

**Gao Den (Stodůlky): every day 11 am to 8 pm**

**Taro (Smíchov): Tuesday to Saturday 11 am to 8 pm**





Microgreens & Fresh Cheese



Pastrami Bowl

Filadelfie

## Offer of new colourful dishes at PuzzleSalads

Enjoy a seasonal salad made from MICROGREENS & FRESH CHEESE, which you will find contains a mixture of lettuce leaves with fermented wheat, a mixture of microgreens, cottage cheese with beetroot, cottage cheese with green rye, a mixture of radishes, edamame and peas, eggs, buckwheat crackers with pumpkin seeds and pea dressing.

The other star we present is the PASTRAMI BOWL with basmati rice, beef pastrami from HellSmoke BBQ, coleslaw made from red cabbage, peas, marinated red onion, jalapeños nachos and wild garlic chimichuri & chipotle mayonnaise.

In addition to these seasonal stars you can also choose from the daily menu of main dishes and excellent desserts or create a salad tailored to your wishes.

The PuzzleSalads is open every weekday from 10:30 am to 4 pm.

Filadelfie

# drogerie dm wishes you a Happy Easter

Easter is undoubtedly one of the most important holidays of the year. We celebrate the end of winter and the highly expected arrival of spring with Easter. See the tips that dm has prepared for you for some inspiration.

